

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lance Hendricks**

Has successfully participated & completed the

**5 km Hope Hike Ithemba Hope Hike 2023**

held at Blaauwklippen Wine Estate.

**TIME 01:03:08**

**PACE 12:36/km**

**OVERALL 67 of 102**

**GENDER 31 of 42**

**40 - 49 4 of 7**

01 October 2023, Sun

Date



*BoutTime*

Signature

